

ATHLETIC PARTICIPATION

When a student makes a decision to participate on a Holy Family team he/she should be aware of the commitment he/she is making. When choosing to play for Holy Family the student is committing to:

1. setting an example of good citizenship for the school by following school rules and cooperating with those in authority as it is a privilege to represent the school;
2. maintaining their grades;
3. being a member of the team for the whole season;
4. attending practices and working at practices to develop the skills necessary to play the sport;
5. attending games; and,
6. supporting his/her teammates by applauding their strengths and accepting their weaknesses.

When making a decision to become part of a team, parents and students should be aware of the amount of time involved and whether the involvement will affect the student's grades.

Consideration should be given to over-involvement. If involvement in other after school activities such as soccer, swimming, hockey, dance, and other organized sport teams will prohibit the full participation at practices and/or games, serious thought should be given as to whether the student should make a commitment to a Holy Family team.

Although we encourage the participation of all athletes in every game, participation could be limited because of missed practices as well as lack of effort and cooperation at practices.

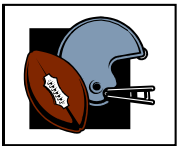
If a student quits a team during the season his/her reasons for quitting will be reviewed before participation on another team is allowed. In an effort to create more playing time we divide up teams based on the number of students who sign up. If a team member quits during the season this could create a problem for the team.

Requirement prior to participation

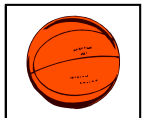
Physician signed physical form.

Requirements during the season of participation

1. Attendance at all practices and games.
2. Responsible care of uniform.
3. Return of clean uniform at end of season.
4. Good sportsmanship at all times.
5. Good academic standing and school behavior.
6. Attendance in school on game days.



Holy Family Men's Club
provides all equipment, fees and uniforms for our athletes.



Please sign and return the bottom portion to the Athletic Director. Keep the copy of the rules for your reference.

HOLY FAMILY SCHOOL ATHLETIC PARTICIPATION REQUIREMENTS

DATE _____

GRADE _____

(Athlete's signature)

(Parent's signature)

Holy Family School Athletic Attendance Requirements

- 1. Games and Practices** - Athletes must be in school on the day of the event. Athletes tardy due to illness or other appointments, must be in school by 11:00 A.M. to participate in the evening activity. **Athletes must finish the school day in order to participate in an evening event.** Any other absence on the day of a contest must be pre-approved by the Athletic Director or Principal before the athlete will be permitted to participate. In the case of a doctor's appointment, a doctor's statement must be presented upon an athlete's return.
- 2. Missing Games** - Athletes missing a game, arriving late or leaving early, will sit out the next game. The only exception is illness or a pre-approved absence by the Athletic Director or the Principal.
- 3. Missing Practice** - If athletes arrive late, leave early or miss a practice, action will be taken at the coach's discretion. Actions might include reduced playing time, not starting in a competition or what the coach deems appropriate.
- 4. Quitting a Team** - If athletes quit a team during the regular season, approval by the Athletic Director or Principal will be needed to participate in the next season's sport.
- 5.** All athletes are expected to be in school the day following an athletic event.

Athletic/Extracurricular Eligibility

Academics

- A.** In order to help parents and students evaluate whether involvement in Holy Family athletics or extracurricular activities is affecting academic performance, a deficiency notice will be sent home at mid-quarter for any student who is in academic difficulty (65 – 74%) or is failing (64% or below) a class.
- B.** If a student is failing two of his/her classes at mid-quarter he/she will be suspended from the team or removed from the extracurricular activity for one week. In that week the student will need to improve their academic standing to passing grades in order to return to the team or activity. After a week, if the student is still failing two subjects he/she will be removed from the team or activity for the remainder of the season.
- C.** If a student is failing two of his/her classes at the end of the marking period, he/she will not be allowed to participate in a sport or school sponsored extracurricular activity during the following marking period.
- D.** If a student fails two classes for the year, he/she will be required to attend summer school in order to regain eligibility for the following school year.

Conduct/Effort

- A.** If a student receives a “4” in conduct or effort in two classes he/she will be suspended from the team or removed from the extracurricular activity for one week. If a student receives a “4” in effort in Physical Education he/she will be suspended from the team for one week. During that week the conduct or effort must improve in order for the student to return to the team or activity.
- B.** If there is no improvement in conduct or effort during the week of suspension, the student will be removed from the team or activity for the remainder of the season.
- C.** Students who fail to follow the school rules will be suspended from teams or activities for one full week from the day of the incident. Repeated disruptive behavior may result in suspension for the entire season.
- D.** Bullying or harassment of another athlete is unacceptable and may result in either suspension or removal from a team.